

Feedback from Spouse/Partner

Confidential Leadership Feedback requested by: _____

Completed by (name): _____

1. How would you rate our relationship connection on a scale of 1–10, with 10 being “ideal?”
2. If our relationship were functioning at level 10, what would I be doing differently? What is the one thing I could change that would make the most difference for you?
3. What behaviors of mine make it easy for you to connect with me and know who I am? What behaviors make connection with me more difficult?
4. What do you see as my greatest source of strength or best personal attribute?
5. What resentment do you hold onto that is not discussed?
6. On a scale of 1–10 (with 10 being perfect), how would you rate my functioning in the following areas (please explain each rating):
 - Taking care of myself physically (movement, eating, sleeping)?
 - The strength of my personal support system?
 - Asking for help when I need it?
 - The strength of my connection with each of our children?
 - Holding our children accountable for being responsible?
 - Spending quality time with you?
 - My willingness and ability to connect with my own family members?
 - My ability to skillfully take a stand with members of my family?
7. What questions do you have that might be helpful for me to think about?